

URGENT HEALTH ALERT FOR
ANYONE BORN BEFORE 1960

AL SEARS, M.D.



VITALMAX VITAMINS

This One “Miracle Nutrient” Should Be In Every “Doctor’s Bag!”

**And I bet your doctor hasn’t
even told you about it!**



ARE YOU:

- Currently having heart concerns?
- Trying to keep your cholesterol levels low?
- Concerned about your blood pressure?
- Sick and tired of having low energy?
- Worried about rapid aging?
- Having problems with gum pain or deterioration?

If you answered **YES** to any one of these questions, this special report will change your life!

Don't Allow Your Heart To Become A Ticking Time Bomb!

IMPORTANT:

Breakthrough discovery has been ignored for years...but now it's proven to help keep your heart beating strong!

Dear Friend,

Sometimes I get so annoyed at the medical community that I wonder if it's time to hang up my stethoscope and call it quits as a doctor. Don't worry...it's not really going to happen. But like everyone else...I sometimes need to blow off some steam!

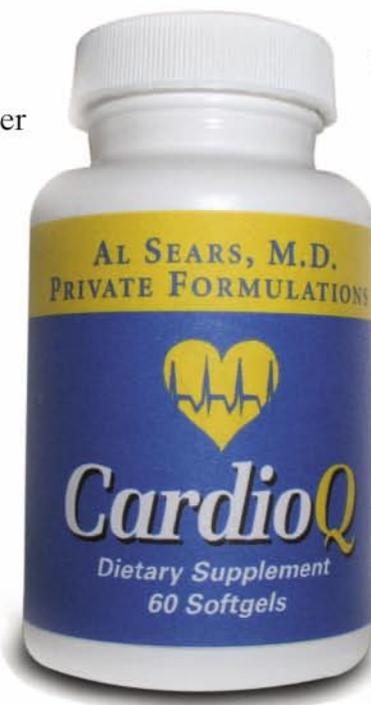
If you're over 40 and concerned about your heart health because you're dragging through the day with little energy...then you might be interested in reading this report.

In just a few moments I'm going to tell you an important bit of information about your heart...and I beg that you don't take it lightly.

The sad part is you probably were never told before about this incredible life-changing health discovery.

There's really only one good answer.

It's not really your doctor's fault. They're so busy with an overload of patients...most of the time they end up having only a few minutes for you. So instead of taking the time to answer all your questions, they're almost forced to hustle you out of the office as soon as possible.



And they have even less time to keep up with the many thousands of pages of new medical information that gets printed every day. It's no wonder they may be behind in the latest scientific discoveries. And medical school pretty much ignores the wholesome natural solutions.

One of the problems most doctors have is in their lack of education on alternative solutions. Rather than opening their eyes to natural remedies that could improve your life, doctors habitually whip out their prescription pads.

I've Never Been Afraid To Think "Outside The Box"!

My name is Dr. Al Sears. I've been a practicing physician for over 15 years. And I've been fascinated by natural health solutions long before I even graduated from medical school.

Nothing pleases me more than offering healthy answers to your medical issues. And though drugs have a place in medicine, I've seen too much scientific evidence of almost "miracle" discoveries—from natural sources that have been long ignored by the medical establishment.

That's one of the reasons I founded The Wellness Research Foundation in South Florida. I wanted to bridge the gap between what modern medicine has to offer...and the latest proven successes with nutritional science.

And in all my years of study, I can't think of anything more important to supplement in your diet than what I'm writing to you about today—my newest “private formulation”—**CardioQ!**

An Accident That Led To A Breakthrough In Cardiovascular Health!

Back in 1957, a previously unknown vitamin-like substance was accidentally discovered at the University of Wisconsin.¹ All the details that led up to this discovery aren't important but the name of this nutrient is.

Perhaps you've heard of it: Coenzyme Q10, also known as CoQ10.

As soon as I mention CoQ10, most of my patients, nod their heads that they have heard of it before. And the most common remark is something like “Yeah, that's supposed to be good for you.” However, few of them know how vital CoQ10 is to their HEART HEALTH.

CardioQ Is Not Your Ordinary CoQ10!

If you are presently taking a CoQ10 product I'm happy to hear that. But I'll bet that it's neither strong enough or has the right components to be nearly effective. I can tell you that I've spent many hours checking out the various formulas available in the market today. And many of the CoQ10 concoctions on the market are weak, mediocre, and basically ineffective. And this report proves it!

Actually, my filing cabinets are bulging with scientific studies done at major universities and hospitals showing that many heart patients are deficient in CoQ10. I've also learned that

supplementation of CoQ10 (in the correct dosage) can reenergize your heart function and dramatically improve the way you feel.

That's why it's easy to say... nothing beats the miraculous power of CoQ10!

And that's why I strongly believe it belongs in every medical bag of every physician in America.

Climb Aboard For A Healthier Heart!

CardioQ puts your cells on full throttle!

Think of it this way. Imagine the old days when steam locomotives were chugging down the rails. To get through the mountain passes, an immense amount of energy was needed. And that energy was provided by the burning coal that stoked the stove in the steam engine. Without the coal, there's no steam...there's no energy... there's no action! The train just sits there.

Your body works the same way. All the trillions of cells in your body have little stoves called mitochondria. CoQ10 is the coal that stokes those mitochondria to give you the energy you need so you can be active and do all the things you love to do.

And for optimum health, those mitochondria need to be continuously fed with CoQ10. Especially your brain and internal



(over, please)

organs like your heart. Your heart is a CoQ10 guzzler and it uses more CoQ10 than any other cells in your body.

Deprive your heart of CoQ10 and its available energy plummets leading to a decrease in the volume of blood pumped. You see, if the heart pumps less blood than it receives...then fluid backs up and your heart swells like a water balloon.

That's why some people with heart trouble have such low energy. For the most part, they don't feel energized enough to do much of anything except sit around...just like a steam engine without coal.

In my medical experience, nothing—AND I MEAN NOTHING—can work better to support your heart health than a daily regimen of **CardioQ**.

In Case After Case Scientists Have Proven The Importance of CoQ10!

In Italy, at 173 Italian medical centers, over 2,500 subjects were enrolled in a multicenter study to investigate the clinical efficacy of CoQ10. After 3 months of an average daily dosage of 100 mg of CoQ10, the proportions of patient improvement in clinical signs of heart-related symptoms ranged from 49.3% to 78%.²

Several studies have demonstrated how powerful the

ingredients in **CardioQ** can be for maintaining proper blood pressure levels. For example, in 1999 a study conducted in India (using 60 mg CoQ10 twice daily) and another study in 2001 performed at the Department of Veterans Affairs Medical Center in Boise, Idaho (also using 60 mg twice daily) concluded that, "CoQ10 may be a safe alternative to supporting a healthier heart."³

Even the prestigious (and conservative) Mayo Clinic gives CoQ10 a grade of B for its effects on high blood pressure.⁴

These are actually the kind of documented studies that can help you understand the importance of supplementation of Coenzyme Q10 and what it can do for your heart health! That's why I mention this ingredient to just about every one of my patients who have heart health issues.

I Might Not Be A Psychic... But I Can Bet Your CoQ10 Levels Are Too Low!

People in America have low blood levels of CoQ10. It really is a problem. And the reason for this deficiency is clear.

Although our bodies can make some CoQ10, we don't make enough of it for optimum health. So we either have to get it from our diets or we all have to take a supplement.

But here's the big problem.

For you to get CoQ10 from your diet, you would have to eat a truckload of very unappetizing foods! Do you realize that to intake a mere 30 mg of CoQ10 per day, you would have to eat one pound of sardines, two pounds of beef, or two and one half pounds of peanuts every day?⁵

I think you and I can both agree that that is just not going to happen!

So that's why I decided to develop a heart



formula that can make a difference in your life. Supplementing your diet with **CardioQ** is essential. It's the only way to elevate CoQ10 levels high enough to quench your heart's thirst and keep it strong.

“Crossing The Gut Test”

I'm well aware of the thousands of options you might have on selecting Coenzyme Q10 products. I'm right with you in this category. Before developing **CardioQ**, it seemed like I tried over 50 different CoQ10 products.

And not one of them passed my “Gut Test”!

Before I tell you more about this “test”, let me ask you a question. How do you know if you're getting the right formula for your money? One way is to read the label on the side of any CoQ10 bottle. Most of the CoQ10 today is imported from Japan. There's nothing wrong with that...but they seem to hold the monopoly on this valuable raw material. And it's one of the reasons most vitamin companies charge you so much for so little.

That's the catch! Too little of CoQ10 is going to do absolutely nothing for your health. That's why I've done my best to bring you the highest quality of CoQ10 without emptying your wallet. And I know my source is good—it passes my patients' “gut test”!

It's All Pure Science.

There's no guesswork involved. Either the CoQ10 is getting to your cells or it's being flushed out of your body unused. A lot of the pills on the market are just not getting the job done.



In order for the CoQ10 to be absorbed into your blood stream, it has to hitch a ride on some fat...preferably a fat-soluble oil like Norwegian cold-water fish. Otherwise it just slides right down your system and into the toilet.

That's why I've made sure *CardioQ* comes with Norwegian cold water fish oil that's delivered into your blood via a fat-soluble softgel capsule.

Here's what you need to know to support and maintain good heart health.

CoQ10 is one of the hardest things there is to get optimum levels in your blood. When you swallow a CoQ10 pill, the CoQ10 has to cross the lining of your stomach in order to get absorbed into your system. But if it gets blocked from crossing, it never gets distributed to nourish all your cells. The technical term for this is bioavailability, but I just call it the “crossing your gut test.”

And if you are using any powdered-filled capsules or chewable tablets...I can assure you that neither would ever pass the test!

In order for the CoQ10 to be absorbed into your blood stream, it has to hitch a ride on some fat...preferably a fat-soluble oil like Norwegian cold-water fish. Otherwise it just slides right down your system and into the toilet.

That's why I've made sure **CardioQ** comes with Norwegian cold water fish oil that's delivered into your blood via a fat-soluble softgel capsule.

(over, please)

Nothing is Worse Than When It Hits You Personally!

I love being a doctor. The joy I bring to people when I share my passion for natural health is returned to me a hundred fold when I see them get healthy again. And that hits home even more when serious health problems involve friends and family.

Please let me share this personal story with you. My college friend—I'll call him Richard to protect his

identity—had a history of heart issues. Because of his heart concerns, he'd been in and out of doctor's offices. He knew he needed to make some changes and decided to follow all of his doctor's recommendations.



The Same Old Song And Dance

Richard was given the standard medical line to follow, none of which had anything to do with nutrition. He ended up feeling tired with a low-grade headache all the time. He often complained about severe pain in his back and legs. But to make things worse...he started to discover a decline in his sexual performance.

Here was a middle age guy who felt like an 80 year old man. He was downright miserable all day long. I was happy he came for my advice. It didn't surprise me that everything he had tried in the past wasn't making him feel one bit better.

At my clinic, while strictly monitoring his condition, we slowly made changes to what he had been doing. I immediately started him on an exercise program and a specially designed diet. He also began to supplement this diet with the same quality ingredients I've included in **CardioQ**.

And the results were amazing! Richard's heart issues were certainly on the mend. And it was evident that after just a few months of my recommendations he was on the road to restoring his heart health. Even his cardiologist was surprised with his turn around.

If There Is A Will...There's a Way!

Before I developed **CardioQ**, my patients would have to take several different pills each for fish oil, CoQ10, folic acid, and vitamin E. It was the only way I knew to elevate the blood levels of CoQ10. Believe me it was a big hassle!

But not any more! I've finally found a way to pack these ingredients—along with CoQ10—into one formula. Now you can flood every heart cell with what it needs by taking **CardioQ**!

With **CardioQ**, there's no more need to swallow a fistful of pills to fuel your heart. **CardioQ** delivers 640 mg of the finest Norwegian cold-water fish oils...60 IU of mixed tocopherols...100 mg of Coenzyme Q10... and 400 mcg of folic acid...all in one serving!

A Car Doesn't Run Without Fuel...Neither Should Your Heart! Now You Can Re-energize Your Heart Without Risking A Penny — For A Full Year!

That's right. And I mean a full year! I'm so certain you'll notice a difference in the way you'll feel that I have no problem giving you this guarantee. This is one formula that you just can't be without. And I'm talking long term!

So to take away any buyers remorse, I'll "stick my neck out" and allow you to return any unused portion for a FULL 100% REFUND of the purchase price and you can have up to A FULL YEAR to do it! Regardless of the reason!

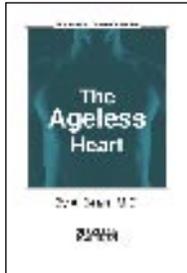
Just give **CardioQ** a try...that's all I ask of you. I must also mention that it would be wise to take advantage of the fantastic savings you can

get on a six-month supply of **CardioQ**.

Remember it's not a luxury but a necessity you maintain a good heart.

One More Reason To Try CardioQ!

CardioQ is your new lease on life, and everybody wants to live to a healthy old age. So if you order within 14 days, I'll rush you a FREE copy of my report, *The Ageless Heart*. This report is jam-packed with information about how to keep your heart disease-free and your lungs robust and healthy.



In *The Ageless Heart* you'll discover:

- Why starches, not fats, are the villain behind heart disease
- How to defend yourself against the effects of "hardening of the arteries"
- Why cardio exercise doesn't necessarily help strengthen your heart
- The real truth about carbs and weight loss
- Simple and easy measures to help prevent high blood pressure
- How to improve your heart and lung health with the best foods, herbs and supplements

...And this is only a small fraction of the information you'll receive.

Need More Pep...More Zest For Life? Make CardioQ Your Ultimate Heart Energizer!

Want to reclaim some of that lost energy of your youth when your heart was young and strong? Wouldn't you like to maximize your heart support? Why drag through the day when something as simple and natural as **CardioQ** can have you facing each day with renewed vigor.

Imagine **CardioQ** reenergizing your life in as little as a few weeks! Don't let the ravages of time leave you on the sidelines. Get back in the game!

Listen. I'm a fanatic about good health. And pretty darn careful about what goes in my body. I wouldn't go one day without taking **CardioQ**. Not one! You shouldn't either.

Sincerely,

A handwritten signature in black ink that reads "Al Sears M.D." with a stylized flourish at the end.

Al Sears, M.D.

P.S. Your heart has a wonderful way of bouncing back—no matter what age you are. Just like that steam engine you read about earlier, you too can "stoke the furnace" and get going again. So pick up the phone and call the Toll Free Number I've set up for **CardioQ** (1-800-815-5151). It's the fastest way to get it and you do not want to delay. Especially for something so vital to your heart and overall health. And once you try **CardioQ**, you'll wonder how you ever lived without it. Order some today!

(turn over for ordering details...)

THE STATEMENTS MADE HEREIN HAVE NOT BEEN EVALUATED BY THE U.S. FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

¹ Crane FL, Hatefi Y, Lester RL, Widmer C., "Isolation of a quinine from beef heart mitochondria. 1957." *Biochim Biophys Acta*. 1989;1000:362-3.

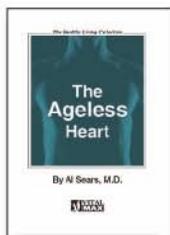
² Baggio E, Gandini R, Plancher AC, Passeri M, Carmosino G., "Italian multicenter study on the safety and efficacy of coenzyme Q10 as adjunctive therapy in heart failure (interim analysis). The CoQ10 Drug Surveillance Investigators." *Mol Aspects Med*. 1994;15 Suppl:s287-94.

³ Burke BE, Neuenschwander R, Olson RD., "Randomized, double-blind, placebo-controlled trial of coenzyme Q10 in isolated systolic hypertension." *South med J*. 2001 Nov; 94(11): 1112-7.

⁴ Mayo Clinic Website, www.mayoclinic.com, "Coenzyme Q10."

⁵ Introduction to Coenzyme Q10, an article by CoQ10 researcher Peter H. Langsjoen, M.D.

CardioQ Special Savings Certificate



- YES!** Rush me today the following supply of **CardioQ** so I can start immediately re-energizing my heart health and feeling like I have more zest for life!
- YES!** I'm ordering within 14 days so please send me a copy of the FREE report, *The Ageless Heart*.

BEST DEAL!

- YOU SAVE \$176.45!** 6 bottles \$272.95 + FREE S&H – Item CQ006
- YOU SAVE \$96.65!** 4 bottles \$202.95 + FREE S&H – Item CQ004
- YOU SAVE \$25.90!** 2 bottles \$118.95 + \$4.95 S&H (Total \$123.90) – Item CQ002
- 1 bottle \$69.95** + \$4.95 S&H (Total \$74.90) – Item CQ001

PAYMENT METHOD

- Enclosed is US\$ _____ **Check** **Money Order**
(Make Payable to: VitalMax Vitamins; U.S. Funds Only; Via Correspondent U.S. Bank; Sorry, No C.O.Ds)
- Charge my credit card: **Visa** **MC** **AMEX** **Discover**

Credit Card Number _____

Exp. Date _____

Signature _____

Phone Number (In case we have any questions about your order.) _____



EXTRA BONUS!
(\$59.95 Value)



FREE ... No Obligation

Sign Up For Dr. Sears' "Award Winning" Internet Health Alert Newsletter!

Special Bonus: Free E-Book, "Staying Young Forever."

Learn all of Dr. Sears' secrets for staying young and active! Both are FREE With Your Purchase!

Your E-mail Address (required)
(Email Protection! Your email name will never be shared with a third party.)

Code # C5Q1

Name _____

Address _____

City/State/Zip _____

100% Satisfaction Guarantee!

Try **CardioQ** today for ONE FULL YEAR...at no risk! If you are not 100% satisfied with the results of **CardioQ**, you may return the unused portion (up to ONE YEAR) for a full, no-questions-asked refund of the purchase price.

Mail Order Form and Payment to:

Vitalmax Vitamins,
P.O. Box 2543, Chestertown,
MD 21620-9890 USA

**For Fastest Service on Credit Card Orders
Call Toll-Free: 1-800-815-5151**

24 Hours A Day/7 Days A Week! FAX 1-410-810-0910